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Azure Palm Hot Springs Is a Wellness Desert Oasis

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PALEON SPRINGS
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PERCHED ON MIRACLE HILL OVERLOOKING MOUNT SAN JACINTO and the Coachella Valley, Azure Palm Hot Springs Resort and Day Spa offers a complete hot springs spa experience in Desert Hot Springs, the healing oasis home to some of the purest hot and cold mineral springs in the world thanks to an underground aquifer beneath the city.



PREVIOUS PAGE
Spa suite room with view

CLOCKWISE FROM TOP LEFT
Oasis hot spring free flowing tub;
spa suite writing desk and decor;
Santa Rosa suite fireplace; main
pool and spa reception



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In October 1913, Cabot Yerxa arrived in the Coachella Valley and began his homesteading journey with 160 acres in Desert Hot Springs. In need of water, he dug a well near his home and struck hot water right outside his door. Six hundred yards away, he dug another well and discovered the pure cold water of the Mission Springs Aquifer. With hot and cold running water, he named his homestead Miracle Hill. Azure Palm Hot Springs Resort is located only a few hundred steps from Cabot's original well, and the museum dedicated to the life of Cabot Yerxa is a short walk away.

In 2021, Desert Hot Springs captured the "Best Tasting Municipal Water in the World" Award at the Berkeley Springs International Water Tasting Contest in West Virginia, home to America's first spa.

Painstakingly renovated from an old hotel in 2022, the resort encompasses more than one acre and is adjacent to the largest mineral spring pool in Southern California. The oasis features five flow-through mineral pools fed by natural hot springs nestled in blooming desert foliage, a gas-fired sauna radiating healthy negative ions as well as a winding reflexology walk path through desert grasses, fueled by natural warm spring water that stimulates every pressure point on those poor neglected feet.

Heated in the earth's fissures, Azure Palm's mineral water

emerges from the ground at 174 degrees rich with healing, restorative minerals. Thick and silky, it's rich with silica to soften and moisturize the skin. Calcium, magnesium, phosphorus, potassium, lithium and other trace minerals from the springs are absorbed through the skin to relax muscles and mind. Although the water maintains a high sulfur content, it's completely odorless and soft to the touch.

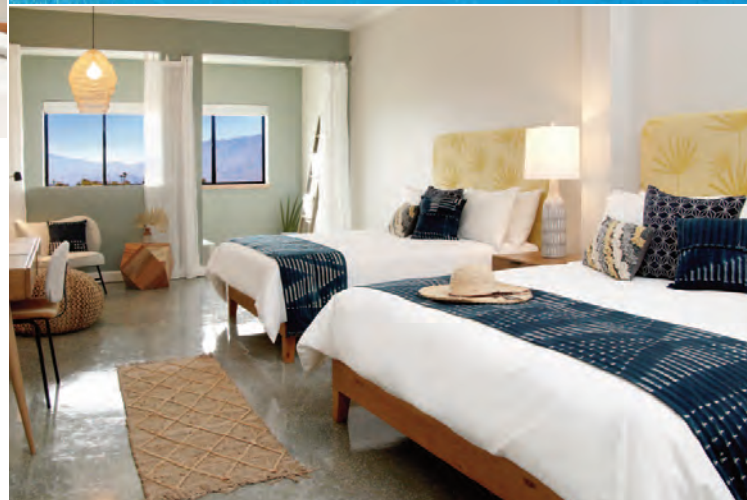
The resort's mineral water wells are the hottest in the region and the hotter the water, the greater concentration of minerals. The sprawling 100' x 40' pool is the largest mineral water pool in Southern California.

The spa offers more than 35 specially curated services in 11 treatment rooms — a complete therapeutic line of massages, facials, wraps and scrubs that renew and revitalize. The afterglow of the moisture miracle facial is not only immediately noticeable but results last for several weeks. Oasis Day Spa passes are available for \$68. Day spa passes include robes, slippers and a locker with access to all pools, lounging areas, sauna, courtyard and café. Standard day spa passes are \$56 and do not include robe, slippers or locker.

There are a variety of overnight and day spa packages available like the Romantic Escape, which includes a couples massage, moisture miracle facial, a gentleman's facial, a bottle



CLOCKWISE FROM TOP LEFT:
Azure Palm Cafe seating;
100-foot mineral spring
pool; spa suite king + queen;
Green Goddess Salad and
Beet Juice Cleanse



of sparkling wine and an Azure Palm Cafe Cheese Plate (three hours of luxurious treatments and a romantic welcome.) The Himalayan salt room, the only one in the Coachella Valley, is designed for halotherapy with healing benefits such as curing the common cold, decreasing allergy symptoms, detoxifying the lymphatic systems and improving sleep, and is available for overnight guests. It's the perfect complement to the resort's desert ice room.

Day trippers have access to all the amenities throughout the day like morning video yoga, a light healthy lunch and then a dip in the mineral spring pools, desert Oasis tubs, an authentic Finnish sauna, reflexology stroll and dip or laps in the large pool.

The cafe offers a healthy and delicious menu of salads, wraps, a fresh juice bar as well as beer and wine. There's nothing like a mimosa and a massage. The dishes are as visually appealing as they are tasty, like the Thai Tuna and Rice Bowl with sesame seared tuna served atop organic brown rice, green beans, fresh daikon sprouts and a spicy Thai almond sauce. For bigger appetites, the Avocado Chicken Wrap is stuffed with tender grilled chicken, spinach, avocado, aged white cheddar, tomato and a homemade special sauce. The Green Goddess Salad is just that, a healthy dose of green in all shades and textures that includes baby spinach, sweet cucumbers, avocado, green beans and sprouts served with a house-made green goddess dressing.

Wellness programs are available starting in May that include a five-night and six-day yoga and juice fasting retreat

by the popular Yesenia's Vida Cleanse that promises weight loss and a kick start to begin detox changes within the body to keep the process healthy and strong after departure. There is also a customizable self-guided juice cleanse at different levels.

The new Zen guest rooms feature Bluetooth stereos, complimentary Wi-Fi and a TV-free environment. With 10-foot ceilings in more than 500 square feet, the king and queen spa suites also include an in-room private mineral spring soaking tub. There are 40 room accommodations at all levels with 15 balcony units.

Azure Palm Hot Springs is an adult environment. No one under the age of 17 is permitted. One well behaved pet is welcome in select first floor west balcony rooms. Most weekends require a two-night minimum stay. However, do call to inquire about last minute Saturday only availability. All overnight guests receive access to mineral water pools, saunas and oasis, which are included in the room rates. ■

AZURE PALM HOT SPRINGS RESORT & DAY SPA OASIS

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